

RUTGERS

FALL SESSION 2012
Crisis Intervention - HYBRID (EVERY OTHER WEEK)
Western Monmouth Campus
01:202:422, section 80
Every other Tuesday 3-5:40pm,
Building Search: <http://rumaps.rutgers.edu>

Instructor: Dr. Kristen Zgoba

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Office Hours : By Arrangement Only

COURSE DESCRIPTION

This class presents the latest skills and techniques for handling real crisis situations. Specifically, it presents a six-step model for dealing with people in crisis: Defining the Problem, Ensuring Client Safety, Providing Support, Examining Alternatives, Making Plans, and Obtaining Commitment. Using this model, the class will then build specific strategies for handling a myriad of different crisis situations - in many cases providing the dialogue that you might use as a nurse, minister, police officer, counselor, or other practitioner. At the end of this course, you will have developed skills and strategies that you can take out of the classroom and into your respective profession of choice.

COURSE OBJECTIVES

At the completion of this course, students are responsible for:

- 1) An increased knowledge of handling crisis situations
- 2) An increased understanding of the current initiatives in the field of trauma and crises and the ability to translate this to your professional field of choice.

REQUIRED READING

- 1) Crisis Intervention Strategies by Richard K. James & Burl E. Gilliland 7th edition (2013). Cengage Learning. ISBN: 9781111186777
- 2) Throughout the course you may also be required to read numerous journal articles, for which you will be responsible. **Most** will be provided to you, others you will be expected to retrieve. This will be mandatory and if I believe students are not retrieving the articles, there will be quizzes on the material. The articles that are provided will be posted on sakai, if you do not have a NetID and are unfamiliar with sakai, please address this, as this is a hybrid class.

COURSE REQUIREMENTS

- 1) *Attendance & Participation*

Participation and attendance are required and mandatory since this is a hybrid class. There are no excusable absences. Every missed in-class session will result in a deduction of 10 points off your final grade. We meet every other Tuesday from 3-5:40, and the “off” Tuesday is the “online” day. Roll will be taken during each in-class session since there are only 8 class meetings. You are expected to have the material read for the respective class. Failing to provide sufficient answers to posed questions will result in a score of zero for that day’s participation. Students are expected to fully participate in the lectures and will be called on regularly. Exams will ONLY be rescheduled for an emergency and ONLY with appropriate documentation.

Students are expected to attend all classes; if you expect to miss a class please use the university absence reporting website <https://sims.rutgers.edu/ssra/> to indicate the date and reason for your absence. An email is automatically sent to me. This system was never meant to replace department or instructor policies on absences and make-up work. Please note that my policy is that no missed class is excused, and it will result in a 10 point deduction.

2) *Reading Material*

Readings are assigned for every Tuesday, regardless of whether we meet on that Tuesday or if it is our “online” day. The class that we meet at will then cover the material from the week before and that particular day. If participation and feedback on readings suffers, pop quizzes will be given sporadically.

3) *Newspaper Article Review/Presentation*

The first grade will be a write-up and presentation of a newspaper article dealing with an issue pertinent to crisis intervention. This article can range anywhere in the topic of how to handle crisis situations, crisis training and specific situations, for example, PTSD, Suicide, Sexual Assault, Domestic Violence, Addiction, Depression, Unexpected Death, Violence in the Workplace or School or Natural Disasters. If someone presents a newspaper article on something before you, please refrain from choosing the same article. Hard copy newspaper articles can be searched, as well as outlets like the New York Times and the Washington Post, which would allow you to search by key word. NO WIKIPEDIA. The article should be attached to a 1 page type-written summation. Students should outline the problem or topic in the article and depending on the content, they should offer suggestions, opinions or remedies- DO NOT SIMPLY REGURGITATE THE ARTICLE. The class should also pay attention to grammar, spelling and content, as this contributes to your grade. A sign-up sheet will be provided early in the semester and late assignments will not be accepted. Presentation of this newspaper article and your opinions and suggestions are expected to last **FIVE MINUTES. Time yourself prior.** Also, once a day is chosen, it cannot be changed. Write down your date, if you miss it for any reason you will receive a zero for that grade.

4) *Final Exam and Midterm Exam*

The exams will be multiple choice or essay, depending on the size of the class. You will know this within the first two weeks of class. The final exam is not cumulative.

COURSE GRADING

Newspaper Article 20%

9/11/12 ONLINE DAY

Chapter 2- Culturally Effective Helping

9/18/12 IN CLASS DAY

Chapter 3- The Intervention and Assessment Models (so we will cover chapters 2 & 3, the same goes for each subsequent in class day)

9/25/12 ONLINE DAY

Chapter 4- Tools of the Trade

10/2/12 IN CLASS DAY

Chapter 5-Crisis Case Handling & Chapter 6-Telephone and Online Crisis Counseling

10/9/12 ONLINE DAY

Chapter 7-Postrumatic Stress Disorder

10/16/12 MIDTERM EXAM- IN CLASS

10/23/12 ONLINE DAY

Chapter 8-Crisis of Lethality

10/30/12 IN CLASS DAY

Chapter 9-Sexual Assault

11/6/12 ONLINE DAY

Chapter 10- Partner Violence

11/13/12 IN CLASS DAY

Chapter 11- Chemical Dependency

11/20/12 ONLINE DAY

Chapter 12- Personal Loss

11/27/12 IN CLASS DAY

Chapter 13- Crisis in Schools

12/4/12 ONLINE DAY

Chapter 17- Disaster Response

12/11/12 FINAL EXAM- IN CLASS (I need to check this and confirm that WMC classes conform to this schedule)