

SPRING SESSION 2013

**Crisis Intervention - 01:202:422, section
Monday - Wednesday 5:00-6:20pm,
Lucy Stone Hall – A269
Instructor: Antonia Winstead, MSW**

Contact Information:

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COURSE DESCRIPTION

This class presents the latest skills and techniques for handling real crisis situations. Specifically, it presents a six-step model for dealing with people in crisis: Defining the Problem: Ensuring Client Safety, Providing Support, Examining Alternatives, Making Plans, and Obtaining Commitment. Using this model, the class will then build specific strategies for handling a myriad of different crisis situations - in many cases providing the dialogue that you might use as a nurse, minister, police officer, counselor, or other practitioner. At the end of this course, you will have developed skills and strategies that you can take out of the classroom and into your respective profession of choice.

COURSE OBJECTIVES

At the completion of this course, students are responsible for:

- 1) An increased knowledge of handling crisis situations
- 2) An increased understanding of the current initiatives in the field of trauma and crises and the ability to translate this to your professional field of choice.

REQUIRED READING

1) Crisis Intervention Strategies by Richard K. James & Burl E. Gilliland 7th edition (2013). Cengage Learning. ISBN: 9781111186777

2) Throughout the course you may also be required to read numerous journal articles, for which you will be responsible. Most will be provided to you, others you will be expected to retrieve. This will be mandatory and if I believe students are not retrieving the articles, there will be quizzes on the material. The articles that are provided will be posted on sakai.

COURSE REQUIREMENTS

1) Attendance & Participation

Participation and attendance are required and mandatory. Every unexcused missed class session will result in a deduction of 10 points off your final grade. You are expected to have the material read for the respective class. Failing to provide sufficient answers to posed questions will result in a score of zero for that day's participation. Students are expected to fully participate in the lectures and will be called on regularly. Exams will **ONLY** be rescheduled for an emergency and **ONLY** with appropriate documentation.

Students are expected to attend all classes; if you expect to miss a class please use the university absence reporting website <https://sims.rutgers.edu/ssra/> to indicate the date and reason for your absence. An email is automatically sent to me. This system was never meant to replace department or instructor policies on absences and make-up work. Please note that my policy is that no missed class is excused, and it will result in a 10 point deduction.

2) Reading Material

If participation and feedback on readings suffers, pop quizzes will be given sporadically.

3) Newspaper Article Review/Presentation

The first grade will be a write-up and presentation of a newspaper article dealing with an issue pertinent to crisis intervention. This article can range anywhere in the topic of how to handle crisis situations, crisis training and specific situations, for example, PTSD, Suicide, Sexual Assault, Domestic Violence, Addiction, Depression, Unexpected Death, Violence in the Workplace or School or Natural Disasters. If someone presents a newspaper article on something before you, please refrain from choosing the same article. Hard copy newspaper articles can be searched, as well as outlets like the New York Times and the Washington Post, which would allow you to search by key word. **NO WIKEPEDIA.** The article should be attached to a 1 page type-written summation.

Students should outline the problem or topic in the article and depending on the content, they should offer suggestions, opinions or remedies- **DO NOT SIMPLY REGURGITATE THE ARTICLE.** The class should also pay attention to grammar, spelling and content, as this contributes to your grade. A sign-up sheet will be provided early in the semester and late assignments will not be accepted. Presentation of this newspaper article and your opinions and suggestions are expected to last **FIVE MINUTES. Time yourself prior.** Also, once a day is chosen, it cannot be changed. Write down your date, if you miss it for any reason you will receive a zero for that grade.

1/23/2013

Introduction

Presentation of the syllabus; readings, and requirements.

Opening Discussion on Chapter 1- Approaching Crisis Intervention

Sign-up for newspaper presentation

1/28/13

Chapter 2- Culturally Effective Helping

1/30/13

Chapter 3- The Intervention and Assessment Models (so we will cover chapters 2 & 3, the same goes for each subsequent in class day)

2/04/13

Chapter 4- Tools of the Trade

2/06/13

Chapter 5-Crisis Case Handling & Chapter 6-Telephone and Online Crisis Counseling

2/11/13

Chapter 7-Postrumatic Stress Disorder

2/13/13

Chapter 8-Crisis of Lethality

2/18/13 In Class Assignment

2/20/13 **MIDTERM EXAM- IN CLASS**

2/25/13

Chapter 9-Sexual Assault

2/27/13

Chapter 10- Partner Violence

3/04/13

Chapter 11- Chemical Dependency

3/06/13

Chapter 12- Personal Loss

3/11/13

Chapter 13- Crisis in Schools

3/13

Chapter 14- Violent Behavior in Institutions

3/18 **SPRING BREAK WEEK**

3/25

Chapter 15 – Crisis Hostage Negotiation

3/27

Chapter 16- Human Services Workers in Crisis

4/1

Chapter 17 – Disaster Response

4/3

GUEST SPEAKER

4/8 In-Class Assignment

4/10

VIDEO

4/15

GUEST SPEAKER

4/17

VIDEO

4/22

In-Class Assignment

4/24

GUEST SPEAKER

4/29

In-Class Assignment

4/30

In-Class Assignment

5/1

Overview

5/6

Overview

FINAL EXAM

NOTE: *Please be advised - this syllabus is subject to changes as the Professor deems necessary*